

# Thurlow 10 Race Results

Hosted by Haverhill Running Club 18 October 2015

## Category Results

	Race Pos.	Bib. Number	Time	Name	Age	Female Pos.	Cat. Pos.	Club
Overall	1	1	00:55:19	Denys Olefir	MS		1 / 15	Newmarket Joggers
	2	2	01:00:56	Michael Gilbert	MS		2 / 15	Haverhill Running Club
	3	3	01:02:03	Odette Robson	F40	1	1 / 3	Saint Edmund Pacers
Male	1	1	00:55:19	Denys Olefir	MS		1 / 15	Newmarket Joggers
	2	2	01:00:56	Michael Gilbert	MS		2 / 15	Haverhill Running Club
	3	4	01:03:53	Paul Nickells	M50		1 / 15	Woodbridge Shufflers Rc
Female	1	3	01:02:03	Odette Robson	F40	1	1 / 3	Saint Edmund Pacers
	2	11	01:05:48	Nicola Bennett	F40	2	2 / 3	West Suffolk Triathlon
	3	20	01:10:27	Hannah Cooke	FS	3	1 / 8	Cambridge Triathlon Club
<b>M17</b>								
<b>F17</b>								
	F35	29	01:13:22	Kelly Mepham	F35	4	1 / 7	
	M40	6	01:04:35	Darren Cook	M40		1 / 13	Felixstowe Road Runners
	F40	104	01:39:42	Jacquelyn Cobbold	F40	26	3 / 3	Hadleigh Hares Ac
	M45	8	01:05:33	John Greener	M45		1 / 19	Saint Edmund Pacers
	F45	60	01:21:03	Jackie Hann	F45	6	1 / 7	Sudbury Joggers
	M50	7	01:05:24	Andy Buck	M50		2 / 15	Sudbury Joggers
	F50	82	01:28:32	Teresa Franklin	F50	14	1 / 5	Haverhill Running Club
	M55	10	01:05:40	Malcolm Penn	M55		1 / 10	Sudbury Joggers
	F55	72	01:25:33	Belinda Schofield	F55	9	1 / 3	Newmarket Joggers
	M60	28	01:12:47	Charlie Ritchie	M60		1 / 6	Cambridge & Coleridge
	F60	105	01:40:11	Mary Marsh	F60	27	1 / 1	Newmarket Joggers
	M65	47	01:17:42	Glyn Smith	M65		1 / 3	Cambridgeandcoleridge
	<b>F65</b>							
	M70	73	01:26:03	Roger Hobson	M70+		1 / 1	Woodbridge Shufflers R.C.
	<b>F70</b>							

## Full Race Results

Race Pos.	Bib. number	Time	Name	Age	Female Pos.	Cat. Pos.	Club
1	281	00:55:19	Denys Olefir	MS		1 / 15	Newmarket Joggers
2	317	01:00:56	Michael Gilbert	MS		2 / 15	Haverhill Running Club
3	293	01:02:03	Odette Robson	F40	1	1 / 3	Saint Edmund Pacers
4	279	01:03:53	Paul Nickells	M50		1 / 15	Woodbridge Shufflers Rc
5	331	01:04:15	Steve Mason	MS		3 / 15	
6	227	01:04:35	Darren Cook	M40		1 / 13	Felixstowe Road Runners
7	218	01:05:24	Andy Buck	M50		2 / 15	Sudbury Joggers

Race Pos.	Bib_number	Time	Name	Age	Female Pos.	Cat. Pos.	Club
8	323	01:05:33	John Greener	M45		1 / 19	Saint Edmund Pacers
9	316	01:05:38	Mark Turner	M45		2 / 19	
10	285	01:05:40	Malcolm Penn	M55		1 / 10	Sudbury Joggers
11	319	01:05:48	Nicola Bennett	F40	2	2 / 3	West Suffolk Triathlon
12	220	01:06:25	Shane Cahill	M50		3 / 15	
13	290	01:07:11	Andy Quick	M45		3 / 19	
14	310	01:08:06	Westley Walker	M5		4 / 15	
15	268	01:09:10	David Maclean	M5		5 / 15	
16	296	01:09:11	Martin Sewell	M45		4 / 19	
17	273	01:09:52	Tim McMahon	M40		2 / 13	Saffron Striders
18	237	01:10:10	Alex Eberlin	M40		3 / 13	Cambridge Tri Club
19	233	01:10:12	Mathew Cowell	M40		4 / 13	Haverhill Running Club
20	229	01:10:27	Hannah Cooke	F5	3	1 / 8	Cambridge Triathlon Club
21	318	01:11:06	James Heath	M55		2 / 10	West Suffolk Triathlon
22	256	01:11:07	Charlie Hughes	M5		6 / 15	
23	326	01:11:12	Toby Lumsden	M55		3 / 10	Saffron Striders
24	242	01:11:13	Andrew Flind	M40		5 / 13	Saffron Striders
25	200	01:11:18	Roger Ackerley	M55		4 / 10	Woodbridge Shufflers
26	245	01:12:41	Simon Godsill	M45		5 / 19	
27	250	01:12:45	Charles Hann	M50		4 / 15	Sudbury Joggers
28	291	01:12:47	Charlie Ritchie	M60		1 / 6	Cambridge & Coleridge
29	274	01:13:22	Kelly Mepham	F35	4	1 / 7	
30	271	01:13:28	Paul Marshall	M5		7 / 15	
31	287	01:13:31	Stephen Pretty	M55		5 / 10	Stowmarket Striders
32	207	01:13:34	Andy Barber	M45		6 / 19	Haverhill Running Club
33	223	01:13:48	Neville Clarke	M60		2 / 6	Newmarket Joggers
34	241	01:14:12	Steven Fleet	M40		6 / 13	
35	264	01:14:25	Dan Knight	M5		8 / 15	
36	294	01:14:36	Iain Rogers	M45		7 / 19	Saffron Striders Rc
37	314	01:14:50	Macrosson Ker	M60		3 / 6	Ipswich Jaffa
38	252	01:15:22	Stephen Hatten	M50		5 / 15	Saint Edmund Pacers
39	328	01:15:41	Jamie Randall	M45		8 / 19	Haverhill Running Club
40	260	01:15:59	Paul Jones	M50		6 / 15	Cambridge And Coleridge
41	266	01:16:07	John Lambert	M45		9 / 19	Cambridge Tri Club
42	267	01:16:17	Tim Long	M55		6 / 10	Cambridge & Coleridge
43	201	01:16:39	Marco Arcidiacono	M45		10 / 19	Saffron Walden Striders
44	204	01:16:47	Mark Austin	M5		9 / 15	Woodbridge Shufflers Rrc
45	288	01:16:52	Clive Purbrook	M60		4 / 6	Newmarket Joggers
46	247	01:17:37	Chris Grant	M55		7 / 10	
47	299	01:17:42	Glyn Smith	M65		1 / 3	Cambridgeandcoleridge
48	203	01:17:43	Rosie Atkins	F5	5	2 / 8	Halstead Road Runners
49	325	01:18:10	Keith Savill	M50		7 / 15	Saffron Striders
50	278	01:18:40	Trev Nicholl	M40		7 / 13	Cambridge & Coleridge

Race Pos.	Bib_number	Time	Name	Age	Female Pos.	Cat. Pos.	Club
51	222	01:18:42	Philip Chaplin	M50		8 / 15	Bishop'S Stortford Running Club
52	286	01:18:43	Christopher Preston	M40		8 / 13	
53	246	01:19:13	Mike Grant	M50		9 / 15	Bishop'S Stortford Running Club
54	298	01:19:45	Lincoln Simpson	M45		11 / 19	
55	212	01:19:55	Roger Bown	M40		9 / 13	
56	259	01:20:20	Alan Jones	M45		12 / 19	Saffron Striders
57	208	01:20:28	Philip Beer	M50		10 / 15	Stowmarket Striders
58	228	01:20:39	Alistair Cooke	M40		10 / 13	Saffron Striders Rc
59	327	01:20:45	Mike Brentnall	M65		2 / 3	Cambridge & Coleridge
60	251	01:21:03	Jackie Hann	F45	6	1 / 7	Sudbury Joggers
61	263	01:21:37	Tony Kelly	M50		11 / 15	Saffron Striders
62	238	01:22:54	Matt Ellis	M45		13 / 19	
63	211	01:22:54	Pete Blunt	M45		14 / 19	
64	248	01:23:03	Simon Haffenden	M55		8 / 10	
65	315	01:23:21	Robert Hayley	M55		9 / 10	
66	240	01:23:30	Dan Farrant	MS		10 / 15	
67	332	01:23:33	Drew Pickford	M50		12 / 15	
68	235	01:23:48	Richard Dempsey	M45		15 / 19	Woodbridge Shufflers
69	265	01:24:14	Christopher Komodromos	M40		11 / 13	
70	284	01:24:22	Jo Parden	F45	7	2 / 7	Framlingham Flyers
71	313	01:24:49	Harriet Wyatt	F45	8	3 / 7	Bishop'S Stortford Running Club
72	295	01:25:33	Belinda Schofield	F55	9	1 / 3	Newmarket Joggers
73	253	01:26:03	Roger Hobson	M70+		1 / 1	Woodbridge Shufflers R.C.
74	243	01:26:48	Steven Foyster	MS		11 / 15	
75	214	01:26:57	Steve Bright	M50		13 / 15	
76	306	01:27:13	Jodie Thurlow	FS	10	3 / 8	
77	255	01:27:37	Charles Hudson	MS		12 / 15	
78	311	01:27:42	Peter Wenzel	M60		5 / 6	Bishops Stortford Rc
79	282	01:27:46	Sarah Kay Owen	F45	11	4 / 7	
80	283	01:28:00	Nikki Papp	FS	12	4 / 8	
81	320	01:28:28	Sarah Miller	FS	13	5 / 8	Haverhill Running Club
82	321	01:28:32	Teresa Franklin	F50	14	1 / 5	Haverhill Running Club
83	258	01:28:38	Miles Johnson	M60		6 / 6	Newmarket Joggers
84	309	01:28:58	Helen Velioglu	F45	15	5 / 7	
85	275	01:29:00	Nicola Milner	F35	16	2 / 7	
86	292	01:29:20	Melanie Roberts	F55	17	2 / 3	Woodbridge Shufflers
87	217	01:29:55	Osamu Brown	M45		16 / 19	
88	230	01:30:41	Derihon Coquard	MS		13 / 15	Cambourne Runners
89	312	01:30:42	Angela Wheatley	F35	18	3 / 7	
90	215	01:30:49	Hayley Brodrick	FS	19	6 / 8	Haverhill Running Club
91	280	01:31:27	James Nightingale	MS		14 / 15	
92	300	01:32:05	Stuart Smith	M55		10 / 10	Waveney Valley Ac
93	304	01:32:06	John Thurlow	M45		17 / 19	

Race Pos.	Bib_number	Time	Name	Age	Female Pos.	Cat. Pos.	Club
94	231	01:32:07	Darren Cornell	M40		12 / 13	Haverhill Rc
95	301	01:32:26	Stephen Smith	M50		14 / 15	
96	226	01:32:32	Jackie Collins	F50	20	2 / 5	Felixstowe Road Runners
97	303	01:33:23	Lee Taylor	M40		13 / 13	
98	330	01:35:00	Clare Vincent	F35	21	4 / 7	
99	329	01:35:00	Martin Smithson	M50		15 / 15	
100	206	01:37:12	Kathryn Balmanno	F55	22	3 / 3	
101	202	01:38:00	Carol Atkins	F50	23	3 / 5	Halstead Road Runner
102	209	01:38:33	Ruth Belsom	F50	24	4 / 5	
103	324	01:39:10	Janet Symonds	F35	25	5 / 7	Haverhill Running Club
104	225	01:39:42	Jacquelyn Cobbold	F40	26	3 / 3	Hadleigh Hares Ac
105	270	01:40:11	Mary Marsh	F60	27	1 / 1	Newmarket Joggers
106	210	01:41:20	Sarah Billis	F35	28	6 / 7	
107	216	01:41:20	Derek Brown	M65		3 / 3	
108	244	01:42:02	Anna Garner	F35	29	7 / 7	
109	232	01:42:18	Louise Cousins	FS	30	7 / 8	Haverhill Running Club
110	305	01:43:28	Suzie Thurlow	F45	31	6 / 7	
111	277	01:44:00	Carl Mynott	MS		15 / 15	Haverhill Running Club
112	322	01:44:03	Peter Russell	M45		18 / 19	
113	302	01:46:47	Mark Starte	M45		19 / 19	Saffron Striders
114	205	01:47:57	Alexandra Babecz	FS	32	8 / 8	
115	236	01:50:09	Jo Dickinson	F45	33	7 / 7	Felixstowe Road Runners
116	307	01:57:22	Jane Thurlow	F50	34	5 / 5	
117	400	01:57:23	Last Runner				
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