



Minutes
 26th June 2018
 8.00 - 9:45 pm
 34 Hamlet Road

Persons attending:

Karen Martin: Chairman
Hayley Wilson: Captain
Jo Vickery: Treasurer
Stephen Reyes: Secretary
Claire Everitt
Ross Arnold
Sil Clay
Bill Banner
Tony Bacon

NO	TITLE	MINUTES	ACTIONS
1	Welcomes	The Chair welcomed everyone	
2	Apologies	Josh Irons – who has also tendered his resignation to the committee	
3	Minutes of the last meeting	Approved	
4	Matters arising	None	
5	Website Training	Ross offered to show how to post on the website. Karen and Claire to sign up. The format of the website was discussed, Ross explained that he had wanted to cut down the number of Tabs. Karen thought it was worth waiting to see what the members thought of the site. It is apparent that some members who are not on Facebook and have not signed up to the Web News are missing out, an email should go to the club members to nudge them to sign up, that way direct emails can be phased out.	
6	Use of running track	Ross raised how the track was being used at Castle manor, many sessions could be used in other sites across Haverhill. Can we add	

		variety? Coaches need to plan their sessions 6 weeks in advance to ensure structure and avoid duplication.	
7	Sports Day	Claire can borrow equipment, juniors and adult teams can be mixed. This can be either the 10 th or 17 th of July 2018. Hayley will contact Andrew Bell to check his availability.	HW
8	Juniors	<p>Sil raised that the training plan for the juniors should be published in advance.</p> <p>Sil reports that the junior section is doing well. On only 2 occasions have all 12 attended, she proposes bringing in those who are on the waiting list. The rule is that you can have up to 24 but a coach has to be there. A run leader will also have to be there. Bryan, Kelly and Wendy assist and have a rota to ensure there is always support. The 11th of September will be the start date.</p> <p>Old style running vests, can they be set aside to lend to juniors for events. It was agreed that once the new vests come in that a number can be set aside.</p> <p>Flood lights, grants are available for sums of £300 - £10000. The application process is lengthy. A sum of approximately £3500 will be needed. The club can hold events/ activities (car wash) to raise funds. The parents of the children can be encouraged to get involved.</p> <p>Kevin Henry Juniors race – the route has been planned, 2k to start at 7.00pm with a minimum age of 8 years old. Awards to be bought for 1st, 2nd and 3rd place male and female.</p>	
9	First Aid Course	Only one person has confirmed, the issue is the date, it was agreed to change it to a September date.	
10	Summer Run Routes	<p>5 routes have been identified, they have been placed in 'dropbox'. Ross will put them on the website.</p> <p>Pub run routes are on 'drop box' all that is</p>	

		needed is to set the date and have someone to administer on the day.	
11	Beginners TT	A time trial will be reinstated for the 26 th of July	
12	RNR Fees	The club will pay the runners fees.	
13	AOB	<p>Tony will take the responsibility of the facebook page. Tony and Ross will explore what works best on social media. It was agreed that as we are so far into the year Josh will not be replaced.</p> <p>Tony will arrange a meeting of the coaches within the next month (Dave Edwards, Sil Clay, Andrew Bell, Kelly Mephram, Mark White and Stuart Shephard)</p> <p>Coaches should give specific instructions to assistant coaches. That way there will be support for different abilities.</p> <p>Jo is looking at whether IMG is value for money, are there alternatives.</p> <p>EA Club Run – Simon Mennell is appointed and will conduct 3 sessions in the Autumn.</p> <p>Beginners can come to training as we have a 4 week try before you buy policy.</p> <p>Suffolk Grand Prix – Tony & Ross will prompt the members to enter the qualifying races.</p> <p>Karen presented Hayley with a basket of baby items and wished her well during her maternity leave.</p>	<p>TB</p> <p>JV</p>