

The Steeple Bumpstead 10k

This route covers the Steeple Bumpstead 10K race route. For tonight there are no markers or marshals so take care and obey the countryside code. Please close gates properly behind you.

1. From the Fox pub follow the road uphill towards Finchingfield. Go past the cemetery then turn left onto footpath
2. Stay on the footpath as it bears right uphill; keep right of the ditch that separates the two fields.
3. At the summit turn left and then turn right through the gap in the hedge. On the wooden footbridge turn immediately left and follow the left-hand field edge to the metal gate in the hedge.
4. Go through the gate and cross the field diagonally to the next metal gate
5. Follow the track to the road and then turn left, head past Moyns House. Follow the drive for approximately ½ mile to the estate gate. Go through the gate and turn left into Birdbrook Village.
6. After The Plough pub enter the churchyard via the gate and bear left through the graveyard to the gap in the hedge. Turn right and follow the right-hand field edge.
7. At the field corner follow the field edge to the left. Follow right hand field edge as it eventually bears to the right after ¼ mile. Stay on this track as it drops gently downhill between the fields.
8. At an obvious junction keep right and **DO NOT TAKE PROHIBITED TRACK DOWN TO FARM.**
9. At the next hedge, with the woods to your right, turn left (field edge on your left downhill to the road. **OPTION: cut run short to ~4.5 miles by turning left at the road and retrace all the way back to Steeple Bumpstead.**
10. To continue with the 10K turn right. Careful on this road. After approx. 150m turn left onto the footpath and follow the enclosed path until you reach a footbridge. Turn left after and go through the open rough grass bearing left to another footbridge.
11. At field follow left hand field edge for approx. 5-600m to a cultivated field. Cross field, slightly downhill, where a track is marked in the crops, to gap in the hedge onto the road. **Careful as you exit the field.**
12. Turn left onto the road and follow for approx. 1.5 miles back into Steeple Bumpstead. After the junction with the road to Haverhill cross over to the right-hand side.
13. After the bus stop on the right take the footpath to the right heading past the allotments and through the gap in the trees.
14. Follow the left-hand field edge to a gap in the hedge, turn left over the footbridge and then follow the right-hand field edge as the path ascends.
15. As the hedge ends the footpath bears to the left, follow it between the fields and then take the first footpath on the left.
16. Go straight ahead and downhill and follow left-hand field edge to steps down to the road – **this may look different now there is a new housing estate.**
17. Carefully cross the road between the houses, over the footbridge. Turn left into Church Street and the pub will be 250m up the road on your left.