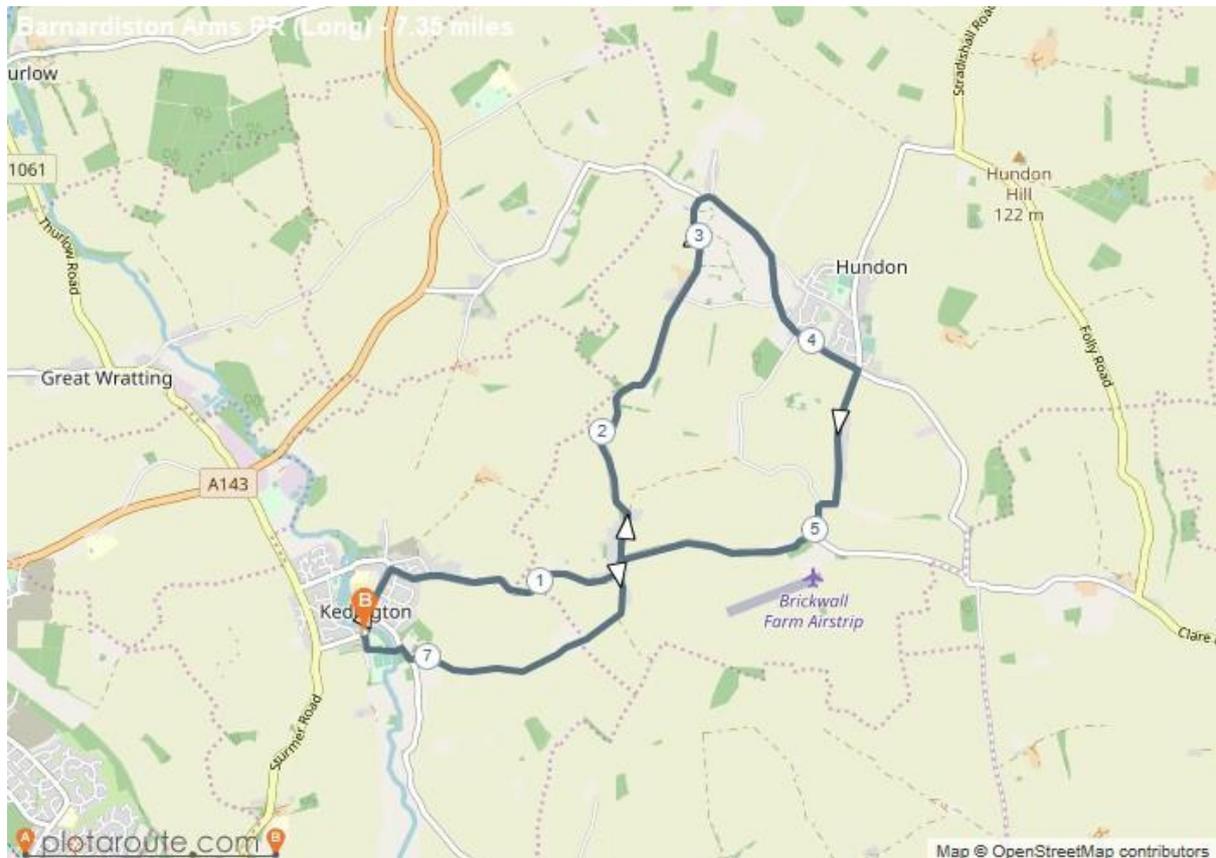


## Barnardiston Arms Pub Run (Kedington)

### Long route (7.3 miles)

- Start outside the Barnardiston Arms, Kings Hill, Kedington
- Head right along Silver Street, past the Nisa Store until you reach the end of the road
- Turn right onto Hundon Road
- Stay on this road as it becomes Kedington Road and leaves the village heading uphill (the reverse of our Summer Series race) past the riding school on the left
- Just after the closed Hundon Plough pub take the left-hand fork in the road and follow the country lane until just after 3 miles (say hi to the ponies!!)
- Follow the road all the way around to the right towards Hundon (no left turns!)
- Head along Valley Wash which becomes Lower Street
- Just after four miles turn right and climb Mare Hill, follow the sharp right/left bend and stay on this road
- Bear right at the next junction and follow the road back towards Kedington
- After Hundon Plough (on right) bear left down Simms Lane leading to Cock Hill
- At the T-junction at the bottom of Cock Hill turn right into Rectory Road
- Continue for about 100m then turn left through the style and follow footpath over River Stour and into playing fields
- Cross the playing fields towards car park and village community centre then right along Stour Valley Path and back to the pub for refreshments!



## Short route (5 miles)

- Head right along Silver Street, past the Nisa Store until you reach the end of the road
- Turn right onto Hundon Road
- Stay on this road as it becomes Kedington Road and leaves the village heading uphill (the reverse of our Summer Series race) past the riding school on the left
- Just after the closed Hundon Plough pub take the left-hand fork in the road then just before the road bends left take the footpath straight ahead.
- Follow the footpath until you join Green Lane, turning right onto the lane.
- Follow lane until you hit a T junction where you turn right onto Mare Hill
- Bear right at the next junction and follow the road back towards Kedington
- After Hundon Plough (on right) bear left down Simms Lane leading to Cock Hill
- At the T-junction at the bottom of Cock Hill turn right into Rectory Road
- Continue for about 100m then turn left through the style and follow footpath over River Stour and into playing fields
- Cross the playing fields towards car park and village community centre then right along Stour Valley Path and back to the pub for refreshments!

